

Avocado Sandwich



Ingredients

- Ezekiel Bread
- Cucumber - thinly sliced
- Olive Oil - 1/4 cup
- Tomatoes - thinly sliced
- Baby Spinach - 1 bag
- Red Onions - 1 each
- Lemons - 1 squeezed
- Plant Based cheese
- Pesto - 1 jar

SALT FREE ITALIAN SPICY

Directions

1. On a plate thinly slice (cucumber, avocado, tomatoes and red onions)
2. In a bowl add the baby spinach, red onions, lemon juice and olive oil and mix well
3. Spread pesto on bread then combine sandwich

Cut and enjoy

